

Community Resources

Please contact Nicole with changes & additions: therapyforfamily@gmail.com	Location:	Website:	Phone #:	Email:	Treating:	Addl Info:	Payment By:
<u>Adolescent, Adult, and Couples Psychologist</u>							
Dr. Brian Weir, PsyD	Hinsdale and Telehealth	www.dr.brianweir.com	1-773-606-1871	dr.brianweir@gmail.com	Providing treatment of depression, anxiety, relationship issues, anger, and social difficulties		Self Pay and Out of Network Benefits
<u>Adult Therapist</u>							
Alexandra Therapy PLLC	Hinsdale and Telehealth			alexandratherapypllc@gmail.com	Perinatal mental health issues, Anxiety, OCD, Codependency, and Trauma		Self Pay and BCBS PPO In Network
Dawn Krawczyk LCPC	Burr Ridge and Telehealth	Psychology Today			Relational trauma, narcissistic abuse recovery, anxiety, and depression. Also, divorce, parenting support, domestic violence, communication skills...	LGBTQ+ affirming. Works with veterans and first responders.	
<u>Adult Psychiatrist</u>							
Dr. Catherine Camilleri	Woodridge	Dr. Camilleri Webpage	1-630-964-9400				
Dr. Petrit Ndrio	Naperville and Telehealth	https://www.advancedbhs.com	1-630-689-1022				
Dr. Shivkumar Pandian	Hinsdale	https://www.adroithealth.com					
Dr. Nancy Pecen	Warrenville	https://www.nancypecenmd.com	1-630-225-9073				
Dr. Margaret Ward, Hinsdale Behavioral Clinic	Hinsdale	https://hinsdalebhc.com	1-630-653-6441				
<u>Child, Adolescent, Adult, Family, and Couples</u>							
Amani Clinical Services	Hinsdale	www.amaniclinical.com					

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Chicago Center for Cognitive Wellness (CCCW)	Edgewater, Chicago Loop, and Telehealth	https://www.cogwellness.com			Treating depression, anxiety, trauma, and family struggles. Utilizing Health Psychology and Cognitive Rehabilitation.	Neuropsychological Testing Provided. LGBTQ+ affirming.	In network with Medicare, BCBS PPO, United Healthcare, and Aetna
Dr. Nicole LaRocco	Hinsdale and Telehealth	www.therapyforfamily@gmail.com	1-630-570-0525	therapyforfamily@gmail.com	Child and adolescent psychologist, Families and adults. Depression, anxiety, ADHD, behavioral struggles...	Providing group therapy: Process Group for Teens or Adults, Children or Teen social	Self Pay and in network with some insurance companies
Inspire Counseling Center	Lake Forest, Kenilworth, and Northbrook	https://inspirecounselingcenter.com/lake-forest-office/			Couples and group therapy. Mom's Group, Working Mom's Group, Step Parent Group.		In network with BCBS PPO, BCBS Blue Choice, Humana & Aetna. Some therapists UHC.
Lakeshore Counseling Group	Telehealth	http://www.LakeshoreCounselingGroup.com	1-224-599-4777		Treats burned out healthcare workers and other professionals. Also, works with parents and caregivers. Provides parent coaching family therapy.		
Lynn Zakeri & Associates	Skokie, Northfield, and Telehealth	https://lynnzakeri.com			Treats depression, anxiety, self harm, Mom stress, eating disorders and more. Uses EMDR.	Groups. Bilingual Spanish speaking clinican. LGBTQ+ affirming.	Self Pay

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Nikkie Evans, PLLC	Northshore and Telehealth		1-847-790-4959 Ext 1		Treating depression, anxiety, perinatal/postpartum, trauma and more. Using EMDR.	Providing group therapy: Process group, Teen Girls, New Moms, Young Adult Women, Body Image Teenage Girls. Offers Christian Counseling.	In network with BCBS PPO & BCBS Choice
Olimene Counseling	Bolingbrook and Telehealth	https://www.olimenecounseling.com			Services for depression, anxiety, self harm, trauma, and more.		In network with most major insurance companies.
<u>Child and Adolescent Psychiatrists</u>							
Dr. Iyad Alkouri	Hinsdale	https://www.avicennaci.com	1-630-749-7107				
Dr. Elizabeth Kurian	Telehealth						
Dr. Petrit Ndrio	Naperville and Telehealth	https://www.advancedbhs.com	1-630-689-1022				
Dr. Nancy Pecen	Warrenville	https://www.nancypecenmd.com	1-630-225-9073				
<u>Psychological Testing</u>							
Dr. Brittany Snow	St. Charles	https://www.foxclinicalservices.com/drbrittanysnow	1-630-797-9332	dr.snow@foxclinicalservices.com	Provides psychological testing for children, teens, and adults.	Email Dr. Snow to inquire about setting up first appt.	In network with many insurance companies. Inquire about your specific plan.
Thomson Memory & Attention	Oak Brook and surrounding areas.	https://thomsonmemory.com			Provides psychological testing for children, teens, and adults.		In network with many insurance companies.